

*** TAB Daily Tipping Sheet - 30 March 2026



Bipot, PA, Pick 6, Jackpot pools TODAY (pool closing times on left):

SOUTH AFRICA

KENILWORTH

Close	Bet/Races	Cost	Leg 1	Leg 2	Leg 3	Leg 4	Leg 5	Leg 6	Leg 7
13:05	Bipot (2-7)	R72	4	3, 9	4	3, 7, 8	1, 2, 4	2, 4, 7, 9	
13:40	PA (3-9)	R192	3, 9	4	7, 8	1, 2	2, 4, 7, 9	3, 9	1, 2, 7
14:15	Pick 6 (4-9)	R1500	4	2, 3, 5, 7, 8	1, 2, 3, 4, 8	1, 2, 4, 7, 9	3, 6, 8, 9	1, 2, 7	
14:50	Jackpot 1 (5-8)	R500	2, 3, 5, 7, 8	1, 2, 3, 4, 8	1, 2, 4, 7, 9	3, 6, 8, 9			
15:25	Jackpot 2 (6-9)	R300	1, 2, 3, 4, 8	1, 2, 4, 7, 9	3, 6, 8, 9	1, 2, 7			

INTERNATIONAL

KEMPTON

Close	Bet/Races	Cost	Leg 1	Leg 2	Leg 3	Leg 4	Leg 5	Leg 6	Leg 7
15:40	Bipot (2-7)	R216	1, 4, 5	4, 5	5, 9	1, 2	2, 4, 6	1, 3, 10	
16:40	Jackpot (4-7)	R240	2, 5, 7, 9	1, 2, 4	1, 2, 4, 6, 7	1, 3, 9, 10			

WOLVERHAMPTON

Close	Bet/Races	Cost	Leg 1	Leg 2	Leg 3	Leg 4	Leg 5	Leg 6	Leg 7
18:30	PA (1-7)	R128	1, 7	6, 9	1, 8	2, 7	2, 4	1, 6	6, 7
20:00	Jackpot (4-7)	R240	2, 6, 7	1, 2, 4, 5, 7	1, 3, 6, 8	1, 6, 7, 9			

JACKPOT QUICKMIXES

Close	Bets/Races	Cost	Leg 1	Leg 2	Leg 3	Leg 4	Leg 5	Leg 6	Leg 7
11:51	J Quickmix 1	R252	2, 6, 7, 8, 10, 11, 12	2, 3, 4, 6, 7, 8	1, 2, 7, 8, 9, 10	7			
17:15	J Quickmix 2	R240	1, 2, 4, 7, 8, 11	2, 3, 4, 5, 8, 10, 11, 13	6	2, 4, 5, 6, 7			
17:48	J Quickmix 3	R252	1, 2, 3, 4, 6, 9, 11	1, 3, 7, 8, 9, 10	4, 13	1, 6, 7			
18:45	J Quickmix 4	R300	1, 4, 8, 10, 11	1, 6, 8, 9	2, 4, 7, 8, 11	1, 8, 9			

BIPOT QUICKMIX

Close	Races	Cost	Leg 1	Leg 2	Leg 3	Leg 4	Leg 5	Leg 6	Leg 7
16:00	BP 1 - 6	R240	2, 4, 7, 9, 10	4, 5	1, 2	3, 6, 9	5, 9	2, 7	

PLACE ACCUMULATOR QUICKMIX

Close	Bet/Races	Cost	Leg 1	Leg 2	Leg 3	Leg 4	Leg 5	Leg 6	Leg 7
16:35	PA (1-7)	R192	3, 6, 9	5, 9	1, 2	1, 2	2, 7	5, 6	2, 4

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TIPS for TAB TOP 7 meetings you can bet on with TAB today

KENILWORTH		LUDLOW		WOLVERHAMPTON	
RACE	COMPUTAFORM	RACE	BIG BEN	RACE	BIG BEN
1	7 THE BIG BANG 2 VOLEGOV 1 RED WAVE	1	1 JIMBO SPORT 7 SCARLET MOON 6 KING'S SCHOLAR	1	1 INSTANT BOND 7 YORKSTONE 6 FIRCOMBE HALL
2	4 MARGATE 6 PINK BLOSSOM 7 EL COHETE	2	5 LYNSEY LARUE 2 KIT'S COTY 1 ANNIE EXPRESS	2	6 SOVEREIGN SPELL 9 ROYAL POETRY 8 GRIS DE CHINE
3	3 KALAHARI KING 9 TAG AND RELEASE 2 VIBE CHECK	3	2 JACKOMY 1 OAKLEY'S WAY 5 LITTLE PI	3	1 AL DURRY 8 SERIOUS LOOK 9 KING'S HAND
4	4 RICH MAN'S WORLD 7 MY BONNY BOY 5 HAPPY WINTER	4	1 YOUR DARLING 2 THE KALOOKI KID 4 ANNSAM	4	2 BERGAMO GOLD 7 RISK AVERSE REBEL 6 PANGBOURNE
5	8 BLUE LAGOON 7 NTIBINDI 3 REDLIGHT LANE	5	6 HIGH FIBRE 5 CREST OF STARS 4 ROYSSE	5	2 NAD ALSHIBA GREEN 4 MOE'S LEGACY 7 ANGEL NUMBERS
6	1 QUIET PLACE 2 SPANISH VERSE 4 BOURBON KING	6	1 JET PLANE 2 NORTHERN BOUND 3 FIX AT ALL	6	1 ALPINE SIERRA 6 MAN IS KING 8 PEBBLE DASH
7	9 CELTIC CHIEF 4 TROIS SEPT HUIT 7 FLYING FINLEY	7		7	7 FIRST ENCOUNTER 6 CAPTAIN PICKLES 1 SCEPTIC
8	9 EBISU 3 MY ONLY WEAKNESS 6 SEVEN NO TRUMP	8		8	
9	2 CAESAR'S RANSOM 7 ZAGREB 1 MUTINY IN HEAVEN	9		9	

KEMPTON		NAVAN	
RACE	BIG BEN	RACE	BIG BEN
1	3 MEHMAS ENGINE 2 BAREFOOT BEACH 5 YASALAM	1	10 EXCEEDING 1 PLATINO BIANCO 4 DISTILLATE
2	1 SOUTHERN WARRIOR 5 STANIEL CAY 4 ORANGE EMPEROR	2	14 TASHAKOUR 12 SHAFTESBURY AVENUE 6 HUFF'N'PUFF
3	4 ART GALLERY 5 PLAID 2 JAZZY BABY	3	7 GALILEO DAME 6 WHAT'S YOUR GAME 2 TAIPAN
4	5 AUKUS 9 SHUSHI 2 GALAXY STAR	4	7 GRANN'S BOY 11 BHEAN SAIBHRE 2 KOOL ONE
5	1 ME TARZAN 2 STRAIGHT A 4 TATTIE BOGLE	5	5 KARRYGRANT 10 TROJAN FIGHTER 3 HIPPOLOGY
6	4 QUICK QUASAR 2 AMBER HAMUR 6 ARCHANGEL JOSEPI	6	3 SATONO CHEVALIER 4 LADY MARY HEATH 9 CONVINCING
7	3 WEDONTTELLTHETRUTH 10 MONTU 1 KINDLY QUEEN	7	13 BALANCE OF TRADE 4 ELM CREEK 10 ACCELEREIGHT
8		8	
9		9	

BEST BETS

SWINGER

KENILWORTH

Race 1: 2+7

QUARTET

KENILWORTH

Race 7: Box 1/2/4/7/9

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always get the
full payout!**

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