

*** TAB Daily Tipping Sheet - 24 January 2026



Bipot, PA, Pick 6, Jackpot pools TODAY (pool closing times on left):

SOUTH AFRICA

VAAL

Close	Bet/Races	Cost	Leg 1	Leg 2	Leg 3	Leg 4	Leg 5	Leg 6	Leg 7
12:10	Bipot (2-7)	R576	1, 11, 12, 14	1, 2, 8	2, 4, 14, 15	1, 2, 4	2, 5, 8, 10	1	
12:45	PA (3-9)	R144	1, 2, 8	2, 4, 14	1, 2	2, 5, 8, 10	1	2, 6	2
13:20	Pick 6 (4-9)	R2400	2, 4, 6, 14, 15	1, 2, 4, 10	2, 5, 7, 8, 10	1, 5	2, 4, 5, 6	2, 4, 9	
13:55	Jackpot 1 (5-8)	R504	1, 2, 3, 4, 8, 10	1, 2, 4, 5, 7, 8, 10	1, 5, 8	2, 4, 5, 6			
15:10	Jackpot 2 (7-10)	R540	1, 4, 5, 7, 8, 9	1, 2, 4, 5, 6, 7	2, 4, 5, 6, 9	4, 8, 10			

INTERNATIONAL

LINGFIELD

Close	Bet/Races	Cost	Leg 1	Leg 2	Leg 3	Leg 4	Leg 5	Leg 6	Leg 7
14:33	PA (2-8)	R243	1	3, 7, 8	1, 2, 6	2	1, 2, 8	1, 2, 4	5, 6, 10
16:14	Jackpot (5-8)	R90	2	1, 2, 8	1, 2, 4	1, 2, 3, 4, 5, 6, 7, 8, 9, 10			

NEWCASTLE

Close	Bet/Races	Cost	Leg 1	Leg 2	Leg 3	Leg 4	Leg 5	Leg 6	Leg 7
18:05	PA (1-7)	R243	4, 6, 8	1, 2, 5	3	1	1, 9, 10	1, 4, 6	1, 2, 8
19:35	Jackpot (4-7)	R363	1	1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11	1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11	1, 2, 8			

JACKPOT QUICKMIXES

Close	Bets/Races	Cost	Leg 1	Leg 2	Leg 3	Leg 4	Leg 5	Leg 6	Leg 7
11:15	J Quickmix 1	R297	1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11	1, 2, 3, 4, 5, 6, 7, 8, 9	5, 8, 10	3			
16:55	J Quickmix 2	R108	4, 8, 10, 12	1, 2, 3, 4, 5, 6, 7, 8, 9	3	1, 2, 4			
17:35	J Quickmix 3	R270	2	1, 2, 3, 4, 5, 6, 7, 8, 9	6, 9, 10	1, 2, 3, 4, 5, 6, 7, 8, 9, 10			
18:05	J Quickmix 4	R231	1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11	1, 2, 3, 4, 5, 6, 7	1	1, 2, 5			

BIPOT QUICKMIX

Close	Races	Cost	Leg 1	Leg 2	Leg 3	Leg 4	Leg 5	Leg 6	Leg 7
15:45	BP 1 - 6	R192	2, 4, 5, 6	1, 2, 9	2	2, 4, 5, 9	1	4, 8, 10, 12	

PLACE ACCUMULATOR QUICKMIX

Close	Bet/Races	Cost	Leg 1	Leg 2	Leg 3	Leg 4	Leg 5	Leg 6	Leg 7
16:20	PA (1-7)	R72	2, 4, 9	1	4, 8, 10, 12	4, 6, 7	3	1, 2	2

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TIPS for TAB TOP 7 meetings you can bet on with TAB today

VAAL		DONCASTER		NEWCASTLE		UTTOXETER	
RACE	COMPUTAFORM	RACE	BIG BEN	RACE	BIG BEN	RACE	BIG BEN
1	3 GIMME A VODKA 1 DADS DREAM 5 NIGHTSHINE	1	1 HIGHLAND CRYSTAL 2 MANLAGA 6 TRALEE GIRL	1	6 NOSS MAYO 4 STAR CAST 8 ALPINE SIERRA	1	3 KENZOKO 2 LEXIE'S MOON 1 EL JEFE
2	1 MASTER'S LADY 11 LOLLY WILLOWES 12 MISS FANTASTIC	2	1 CARLENRIG 9 ROCKING MAN 10 THEDEVILUNO	2	2 BISHOP'S GLORY 5 KORROOR 1 BENEFICIARY	2	12 HALFTHEWORLDWAY 8 TALES OF BRAVERY 4 JET STEEL
3	2 STONEYWOOD 1 TASKMASTER 8 BALULE	3	3 FEET OF A DANCER 1 JETARA 2 DREAM ON BABY	3	3 MILLION GOLD 5 SEE THAT SPARK 4 NURSIA	3	5 JAIPALETEMPS 2 SUNNYVILLA 1 XCITATIONS
4	2 ROCKAROUNDTHECLOCK 4 PEREGRINE FALCON 14 ROYAL HORIZON	4	6 GRAND GESTE 1 DEEP CAVE 5 DOCPICKEDME	4	1 QUINAULT 3 GERMANIC 4 PADDY'S DAY	4	6 MY NOBLE LORD 4 MASTER BREFFNI 1 KARUMA GREY
5	1 ARLINGTON ACTION 2 BANHA BRIDGE 4 MILITARY MOVES	5	3 NOBLE PARK 2 NEWTON TORNADO 5 KI WOO	5	1 BRIGHT 9 TRUE PROMISE 10 ZIGGY'S CONDOR	5	4 IN THE AGE 7 CODETALKER 6 GEGE VILLE
6	2 ROYAL INVITATION 5 POPLAR PARK 8 KISSING MACHINE	6	3 MIGHTY BANDIT 1 BROOKIE 5 GRAIN D'OU DAIRIES	6	6 WOODRAFF 4 ANA EMARAATY 1 PIT BOSS	6	7 PAPER MILL 3 ABOUTDAMNTIME 8 JO COKO
7	1 THE ULTIMATE KING 5 BUSTER BARNES 8 GERBERA	7	6 HOBBSOON'S DAY 9 ELDERFLOWER TONIC 10 TWENTIES ICON	7	1 RELEVANT RANGE 2 BALQAA 8 THAT LUCAS FELLA	7	1 ETON MES 7 ROCK ON TOMMY 5 RICHARDSON
8	2 TROMBOLINES 6 JAFFA 4 TOMMY ATKINS	8		8		8	
9	4 YIPPEE KIYAY 2 PALACE PRINCE 9 TOO LATE MY MATE	9		9		9	
10	4 MATTIAZO 8 GOLDEN ASPEN 10 CAN'T CATCH ME	10		10		10	

CHELTENHAM		LINGFIELD		SELANGOR		BEST BETS	
RACE	BIG BEN	RACE	BIG BEN	RACE	THE WIZARD	SWINGER	
1	4 JORDANS CROSS 6 BARLOVENTO 5 KDEUX SAINT FRAY	1	1 HARLINGTON 5 HAWAIIAN KING 8 ROGUE IDENTITY	1	9 PRINCE LONHRO 3 BLUEJAY 4 OTAHUHU	VAAL	
2	2 MAESTRO CONTI 6 MINELLA YOGA 1 ONE HORSE TOWN	2	1 STAR OF ALBION 5 LOVETHISWAYAGAIN 2 SOMEBODY	2	3 THUNDER STAR 2 ITALIAN REVOLUTION 6 NEVER ASK MORE	Race 7: 1+5	
3	2 JAGWAR 4 BOOSTER BOB 8 TRIPLE TRADE	3	7 FAR TOO FIZZY 3 COOL MOLLY 8 MAD UNICORN	3	21 6 THE WILD GOAL 5 PACIFIC HERO	NEWCASTLE	
4	9 JARRIVE DE L'EST 2 FINAL ORDERS 1 FAVORI DE CHAMPDOU	4	6 MICK'S SPIRIT 2 SAM'S XPRESS 1 TOOLATETONEGOTIATE	4	3 COOL SIXTY-ONE 5 MAZE 2 BANKER'S EIGHTYONE	Race 4: 1x3	
5	1 GREY DAWNING 2 L'HOMME PRESSE 4 SPILLANE'S TOWER	5	2 SONNERIE POWER 12 JACK LANGLEY 5 HEBRIDEAN NOMAD	5	4 AI ROCKET 6 TAU KEH SOH 10 STORM TO FINISH	QUARTET	
6	2 SIR GINO 3 THE NEW LION 1 NEMEAN LION	6	1 MY BOY HARRY 2 JACKSON STREET 8 ALYARA	6	5 ROCKET GENERAL 12 MIRAGE PEGASUS 8 GOOD LUCK BOSS	VAAL	
7	2 IMPOSE TOI 3 STRONG LEADER 6 MA SHANTOU	7	1 SECRET ROAD 2 MIGHTY RULER 4 RUMBA BAY	7	1 HEALTHY BABY 6 TANGESH 2 DESI MASTER	Race 6: Float 2+5 with 4+7+8+10	
8	1 ACT OF INNOCENCE 7 TAURUS BAY 4 HEADS UP	8	10 WATERMELON SUGAR 5 BETTIES BAY 6 LAHINA BAY	8	6 GURU FIGHT 4 LIM'S CRAFT 1 BANKER'S EMPRESS	NEWCASTLE	
9		9		9	2 FORTUNE TREE 6 IRISH GOODBYE 7 GRAND AVANTE	Race 3: BANKER 3 x 1, 2, 4, 5, 6	
10		10		10	6 RED SUN 2 ROCKY PEGASUS 8 EASTERN BARRACKS		

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always get the
full payout!**

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