



# FREE TAB SHEET (A) - [www.tab.co.za](http://www.tab.co.za)



## CAEN (FR) - 30 MARCH 2026

**TAB BETS for this meeting = ALL RACES:** Commingled Win, Place, Exacta OR Swinger and Quinella (FIRST, SECOND any order), Trifecta OR Trio (FIRST, SECOND, THIRD any order). **NOTE:** SA pools R1 unit, minimum bet R6. All commingled bets no fractional betting with R1 unit, minimum bet R6 (minimum EACHWAY Bet = R6 Win, R6 Place = R12). A 3-horse Trifecta Box costs R6 (6 combinations @ R1 each) and a 5-horse Trio Box R10 (10 combinations @ R1 each). French PMU Tote Rules: SWINGER, QUINELLA, TRIO if 8 or more runners, EXACTA, TRIFECTA if 4 to 7 runners. PLACE: Less than 4 runners no Place betting, 4-7 runners payouts FIRST, SECOND, 8 runners or more payouts FIRST, SECOND, THIRD. If more than 37 carded, no TAB pools. If any bet includes a number higher than 30, the bet must be called to the teller. Do not use the betting form. **TELEVISION:** ALL RACES live stream [www.racingtoday.co.za](http://www.racingtoday.co.za); ALL RACES live stream [www.racingtoday.co.za](http://www.racingtoday.co.za); Races 1 RACING 240 (ch 240 DStv); ALL RACES GLOBAL TV (in TABs); Races 1-4 GALLOP TV (in TABs, FTA tv). **TAB4Racing** betting form: mark 27 oval.

### 1 11:51 - PRIX DE MONTGAROULT (, Males) Turf

Stake: R297,360 2450m

1	NEGUS DE FORGES 3Chc	L. Lerenard	Lilian Bertin	60	FIRST RUN		
2	NIKOS (GB) 3Bc	M. Mottier	M. Mottier	60	FIRST RUN		
3	NOFARO 3Chc	A. Pillon	V. Saussaye	60		0C29	
4	NUAGE DES LOUPS 3Bc	L. Lerenard	Mme T. Mathias-Maisonne	60		8F22	
5	NICO DU CEDRE 3Bc	Cl. Thomain	F. Lagadeuc	60	0L26	0L26	5C24
6	NITBY 3Bc	J. Vilault	Cl. Frecelle	60		8C24	4C24
7	NEW DEAL DU ROEN 3Bc	Th. Borderie	A. Lamy	60			3C24
8	NORD INTENSE 3Chc	S. Leblond	M. Lelievre	60	4C26	5V22	0E22
9	NARCISSE TURGOT 3Bc	J.Ph. Monclin	A. Barrier	60	2A24	0N22	0V22
10	NAZZARENO 3Bc	Mile I. Klappe	B. Rochard	60	0E22	6S21	2C22
11	NOBI BAROSSO 3Bc	St. Ent. Fabrice	A. Collette	60		0L28	3E22
12	NEWTON DE MONGOCHY 3Bc	F. Blandin	N. Perron	60	0C24	4C24	5C24

FORECAST BETTING: NO FORECAST AVAILABLE

TIPS: 2 NIKOS 7 NEW DEAL DU ROEN 10 NAZZARENO 11 NOBI BAROSSO

### 2 12:23 - PRIX DE BENOUILLE (, Males, Females) Turf

Stake: R297,360 2450m

1	NIKE SUPREME 3Bf	M. Sassier	B. Rochard			0M28	
2	NOTRE HISTOIRE 3Bf	St. Ent. Etienne	Etienne Dubois		5E22	3L28	
3	NUIT DE MAI (FR) 3Chf	P. Levesque	S. Baude			1N22	
4	NUANCE KADESH 3Bf	S. Leblond	F. Lecanu		0G27	3G27	4V21
5	NAUSICA DE CORBERY 3Bf	N. Martineau	N. Martineau		3G21	2B26	4C28
6	NINA HAGEN D'OR 3Bf	A. Buisson	A. Collette		2C24	6V22	4S26
7	NEFERITTI PIYA 3Bf	Cl. Thomain	D. Thomain			4A28	1A21
8	NATIVE DE PLAY 3Bf	F. Blandin	F. Blandin		0V28	3V21	7L27
9	NOVA TURGOT 3Bf	Ch.A. Mary	Cedric Terry		0V27	0V28	0V21
10	NAYA D'ERONVILLE 3Bf	Th. Duvaldestin	Theo Duvaldestin		7M22	0V21	3M22
11	NUTELLA DE VANDEL 3Bf	L.Cl. Abrivard	A. Abrivard		2L28	2S26	7E21
12	NICE PACE 3Bf	Ch.A. Mary	F. Nivard		0T29	1S25	0V21

FORECAST BETTING: NO FORECAST AVAILABLE

TIPS: 11 NUTELLA DE VANDEL 12 NICE PACE 7 NEFERITTI PIYA 2 NOTRE HISTOIRE

### 3 12:55 - PRIX DE CANTELOUP (, Males, Females, Males, Females) Turf

Stake: R297,360 2450m

1	MOST WANTED (IRE) 4Bf	Mme L. Riise	S. Baude		4C24	0A24	7C26
2	MELINE DU VIVIER 4Bf	M. Izaac	Y. Lebourgeois		8M24	1A28	2L26
3	MAESTRIA DE CHENU 4Bf	P. Pellerot	F. Nivard		4L20	9L28	0C24
4	MISS LADY DU DAN 4Bf	Cl. Thomain	Th. Bizoux		6L28	9C24	0C22
5	MISS ROC 4Bf	B. Le Beller	Mme E. Le Beller		0V26	8C27	8B26
6	MENEUSE DE HOUELLE 4Bf	A.G. Maillard	A.G. Maillard		0V27	4L26	0B26
7	MUTINE DE L'ITON 4Chf	P.L. Desauvette	A. Barrier		7L28	9M28	8G27
8	MUSE DE BEYLEV 4Bf	Ch. Cuiller	M. Mottier		0V27	0M28	0L26
9	MAQUENZA DU BOCAGE 4Blf	Mile Estelle Brial	B. Daniello		9A23	6V27	7B26
10	MONA LISA GEDE 4Chf	A. Pillon	A. Pillon		0C27	0C29	3C29
11	MA BELLE ATTAQUE 4Chf	F. Harel	J.B. Lelievre		8P22	1G27	0C24
12	MAMMA MIA DE LOU 4Bf	Antoine Lherete	A. Lherete		0V27	0V28	1M28
13	MADAME D'ERABLE 4Chf	Cl. Thomain	D. Thomain		0E28	5S25	3V27
14	MIST NIGHT QUICK 4Bf	M. Sassier	B. Rochard		1C27	2B26	6E28
15	MANILLE SOMOLLI 4Bf	J.P. Fichaux	M. Dudouit		4C27	1C27	5C24
16	MADONE DES RACQUES 4Bf	St. Ent. Charles	S. Hardy		7V27	4C24	0V27

FORECAST BETTING: NO FORECAST AVAILABLE

TIPS: 2 MELINE DU VIVIER 15 MANILLE SOMOLLI 11 MA BELLE ATTAQUE 7 MUTINE DE L'ITON

### 4 13:27 - PRIX D'ARROMANCHES (, Males, Females, Males) Turf

Stake: R297,360 2450m

1	MAMBO D'AMOUR 4Chc	J. Deshayes	G. Gilard	61	OS27	0B23	
2	MISTRAL DE FORGES 4Chc	L. Lerenard	Lilian Bertin	63	5L27	0L20	8P26
3	MEMPHIS PARIS 4Bc	Ch. Chalou	Cl. Frecelle	63	0L28	0C24	3C24
4	MARECHAL TURGOT 4Bc	F. Terry	A. Abrivard	63	5V27	4V27	2C24
5	MIL REEF 4Chc	F. Terry	B. Rochard	63	0C27	2S25	4C24
6	MAC GYVER 4Bc	Ch. Chalou	M. Mottier	63	0S27	2C24	1R25
7	MIRAGE DE KARMELE 4Bc	S. Rousselle	Mile M. Colas	60	4M28	0L26	7B26
8	MAKING TIME (IRE) 4Bc	L. Lerenard	Mme T. Mathias-Maisonne	63	6V22	0P26	1F22
9	MOGADOR (USA) 4Chc	F. Nivard	M. Lelievre	63	4V21	2L28	5E28
10	MILORD DES ARRIS 4Bc	V. Lebarque	A. Rebeche	63	4L28	0C24	1C24

FORECAST BETTING: NO FORECAST AVAILABLE

TIPS: 6 MAC GYVER 4 MARECHAL TURGOT 10 MILORD DES ARRIS 9 MOGADOR

### 5 14:12 - PRIX D'ANGOVILLE (, Males, Females, Males, Females, All horses, Females) Turf

Stake: R297,360 2450m

1	KARO DU BELET 6Bh	E.G. Blot	T. Le Beller		0N30	0C29	0C29
2	KIWI DE CHINE 6Bh	B. Angot	A. Angot		8A28	3M28	0V27
3	KISS ME MATCH 6Bm	N. Martineau	N. Martineau		0A23	0A21	2S26
4	KOLOSSE 6Chh	B. Lelievre	S. Baude		1A28	4A28	2A21
5	KENAVO TUILERIE 6Bh	S. Dieudonne	M. Mottier		0E28	0C24	0C24
6	KARNO D'ARBAZ 6Bh	P.L. Desauvette	A. Lamy		0L27	9N30	0C24
7	KINGALA 6Bm	A. Plard	T. Beauvais		2A28	0A31	0L26
8	KATAVIA PRESS 6Bm	Y. Dousset	L. Chupin		9V27	7V21	7V21
9	KING TRACK 6Bh	M. Abrivard	M. Abrivard		4A31	1B25	1C28
10	KISMIE DE MEMARTIN 6Bm	Anthony Dollion	Anthony Dollion		4M28	5A21	9N30
11	KELSAM DU RUISSEAU 6Bh	Sebastien Tribouard	S. Tribouard		0A28	1A21	0T27
12	KAABA RINGEAT 6Bm	Th. Loncke	Th.E. Loncke		0V27	4L27	1L28
13	KALINE DJOB 6Blm	M. Dabouis	F. Nivard		4A31	0C29	8C28
14	KELLY DU MENIL 6Bm	L. Roelens	G. D'Haenens		1C26	0V21	3C28
15	KADOR DES TITHAIS 6Bh	S. Marmion	A. Collette		8A31	4A21	1N30
16	KSAR UNICK 6Chh	Mile Ch. Le Coz	Adrien Blandin		1A28	0V27	4C28

FORECAST BETTING: NO FORECAST AVAILABLE

TIPS: 9 KING TRACK 12 KAABA RINGEAT 16 KSAR UNICK 15 KADOR DES TITHAIS

### 6 14:47 - PRIX DE ROTS (, Males, Females, Males, Females, All horses) Turf

Stake: R339,840 2450m

1	KORINA DE BEYLEV 6Bm	A. Randon	R. Vilault	58	0V27	9V21	4C24
2	KENZO D'EVA 6Chh	P. Pellerot	Andrea Roussel	60	7J24	0C28	3C24
3	JASMINE DE LYONS 7Bm	J. Herard	V. Herard	56	0C24	4B25	0A26
4	JACADY SLY 7Bh	J.M. Guillote	G. Gilard	60	6L26	0C24	4G27
5	JANEIRO TURGOT 7Bh	F. Terry	Mme J. Lebiez	56	0C26	8C24	7C24
6	KABALA QUICK 6Bm	M. Mottier	Mile E. Croisic	57	0V27	2V27	0L28
7	KLASSIC FROMENTRO 6Bh	Th. Levesque	Mme C. Blaizot	56	1L28	0L28	5L28
8	KELLY D'ESSARTS 6Bm	R. Lagadeuc	J. Maillard	58	6V27	0V27	0V28
9	KOMEDIE SOMOLLI 6Bm	F. Lindrec	Mile Clara Dersoir	59	3V27	5V27	4V27
10	KENOBI D'HERFRAIE 6Bh	Cl. Thomain	J. Ferron	60	0L26	0C24	1V28

FORECAST BETTING: NO FORECAST AVAILABLE

TIPS: 10 KENOBI D'HERFRAIE 2 KENZO D'EVA 6 KABALA QUICK 1 KORINA DE BEYLEV

## 7 15:22 - PRIX DE CAUDEBEC (, Males, Females, Males, Females, All horses, Females) Turf Stake: R297,360 2450m

1	LUEUR MAJYC 5Bm	E. Szirmay	E. Szirmay	0C24	8C24	7V28
2	LA DIVINE ECUS 5Chm	D. Stoehr	M. Abrivard	1A31	0L28	0L26
3	LIBELLA DU HOULBET 5Chm	Mme A. Morisse	Mlle A. Morisse	0C27	0D29	<u>9L26</u>
4	LADY D'HELIOS 5Bm	F. Harel	J.B. Lelievre	0C22	0V27	<u>7C22</u>
5	LADY FAIRY 5Chm	A.G. Maillard	A.G. Maillard	3A28	2A24	2L26
6	LA RIVER D'ECCAM 5Bm	V. Marquez	R. Lamy	1L26	4B26	2L26
7	LEANE DU PARC 5Chm	F. Blandin	F. Blandin	9A31	3C22	9C22
8	LAETTITA MONTVASON 5BIm	N. Lemetayer	A. Collette	0E28	3L26	<u>0C28</u>
9	LAST CHANCE 5Bm	Antonin Andre	A. Andre	2B25	1L28	0M28
10	LA PERLA DE LOU 5Bm	St. Meunier	D. Thomain	3V21	6V21	0A24
11	LOLITA DES LANDES 5Bm	S. Hardy	S. Hardy	6V21	2L28	5C22
12	LADY BECO 5Bm	Mlle M. Lemonnier	Y. Lebourgeois	2A28	1A28	4A28
13	LAZURA PRIOR 5BIm	S. Desmarres	S. Desmarres	4C28	3C28	6M28

FORECAST BETTING: NO FORECAST AVAILABLE

TIPS: 13 LAZURA PRIOR 12 LADY BECO 8 LAETTITA MONTVASON 2 LA DIVINE ECUS

## 8 15:57 - PRIX DE DEMOUVILLE (, Males, Females, Males, Females, All horses, Females) Turf Stake: R410,640 2450m

1	INES DE GLADJESS 8Chm	F. Tabesse	F. Tabesse	0A28	4V28	0B28
2	JUSTIN DES MARAIS 7Bh	S. Roger	S. Roger	0L28	4S28	5S28
3	IDEAL DE BAULON 8Bh	M. Collin	Y. Lebourgeois	<u>9N30</u>	0C29	0M28
4	I PLAY POKER 8Bh	Et. Lefranc	Et. Lefranc	6L28	4C26	4C22
5	IGOR DES CAILLONS 8Chh	Anthonin Favris	A. Favris	0A29	5L28	<u>0C28</u>
6	JOKER DE LA CRIERE 7Bh	J. Chevreux	Guillaume Martin	2C30	3L28	3C28
7	JUNIOR DU CHATELET 7Bh	N. Lemetayer	A. Barrier	2R29	5B32	<u>4C28</u>
8	JADE FOR EVER 7Chm	Christophe Marie	F. Nivard	9C24	0E28	<u>5C22</u>
9	JOLI GECECA 7Bh	L. Vaubert	F. Lagadeuc	2V28	<u>8C26</u>	6C22
10	JOURNAIO DU ROI 7Bh	Th. Coulon	Th. Coulon	7M28	9L27	8C22
11	JETLAG DE BEAUFOR 7Bh	St. Provoost	S. Hardy	7C24	9R25	0G25
12	IESOLO 8Bh	M. Lebrech	B. Rochard	6P27	0C27	<u>5M28</u>
13	JALDO D'OCQUE 7Bh	Mlle A.M. Soudain	M. Abrivard	0C24	1C24	4R25
14	ICARE DES VALOIS 8Bh	P. Levesque	S. Baude	9B25	0L26	0M28
15	ITALIANO DI PAO 8Bh	F. Terry	Cedric Terry	2C27	0C24	0G27
16	JOYCE DES GRANGES 7Bm	Ch. Nicole	D. Thomain	5V28	4V27	2S28
17	IXEL DE LAUMOY 8Bh	R. Jajolet	R. Jajolet	<u>3N30</u>	5V27	0V28

FORECAST BETTING: NO FORECAST AVAILABLE

TIPS: 16 JOYCE DES GRANGES 17 IXEL DE LAUMOY 13 JALDO D'OCQUE 6 JOKER DE LA CRIERE

**HOW TO READ FIELDS:** Runner info shown as follows: Number; Horse; Age; colour; sex; Career record: wins-places-runs; Trainer; Draw (position in starting gate); Jockey; Weight to be carried included rider and equipment; Last 3 runs with most recent on right. After horse name: ^=Blinkers; \$=Cheek Pieces; !=Pacifiers; †=Visor; ^=Hood; ?=Compression Hood; %=-Blinkers/ Compression Hood; >= Cheekpieces/Compression Hood; &=Pacifiers/Compression Hood; §=Cheekpieces/Pacifiers; ±=Earmuffs; /Eye Shield; Before the jockey name: \*=apprentice. Last three runs are shown in order of finishing position; racecourse; distance; lengths beaten. Thus 3V12 is third at Vaal over 1200m lengths behind the winner. If underscored 1T12 the race followed a rest of 60 days or more.

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**ATTENTION TAB CUSTOMERS:** The TRIO is a new bet on French races = R2 unit, R6 minimum bet, NO fractional betting. TRIO only if 8 or more runners, TRIFECTA only if 7 or less. To win the TRIO, predict the first three to finish in ANY order. Each unique set of 3 numbers is one combination so the TRIO is a three-horse Trifecta Box in a single bet. Example: a three-horse Trifecta Box, in which numbers 1, 2 and 3 are selected, gives six combinations (1-2-3; 1-3-2; 2-1-3; 2-3-1; 3-1-2; 3-2-1), but with the TRIO it is one combination. A four-horse Trifecta Box comprises 24 combinations, but only four with a TRIO. Example: four-horse TRIO Box, in which numbers 1, 2, 3 and 4 are selected, is four combinations @ R2 each and costs R8 (1-2-3; 1-2-4; 1-3-4; 2-3-4). Three different TRIO bets can be played - single (three runners selected), box (four or more runners selected) and multiple (one or more horses selected for each of the first three places).